



Vignette



- Tania is a 45-year-old woman, high functioning, with a successful corporate career in high level project management
- 15-year marriage to Greg (primary carer at home, works P/T as a bookkeeper); two children, Damien (13) and Jacinta (11)
- Tania has a history of being diagnosed with an unspecified anxiety disorder (probably GAD), treated with medication which she still takes (low dose SSRI sertraline / Zoloft)