

# Smoking cessation is everybody's business

**CPD  
WEBINAR**



Wednesday 30 April 2025

The webinar will provide the audience the opportunity to:

- Identify prevalence and risks associated with respiratory disease and lung cancer in people with mental health concerns
- Determine opportunities to open up conversations about smoking cessation
- Implement the strategies and tips from the recommended smoking cessation resources and guidelines
- Examine hurdles and enablers to implementing smoking cessation initiatives/ approaches in practice

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Equally Well Ambassador

## Background to the data report:

- population 24 million – Reports 2011, 2016 and now 2024
- dataset links the Census, death register, MBS and PBS data
- 5 mill accessed MBS/PBS
- 160,000 total Aust deaths

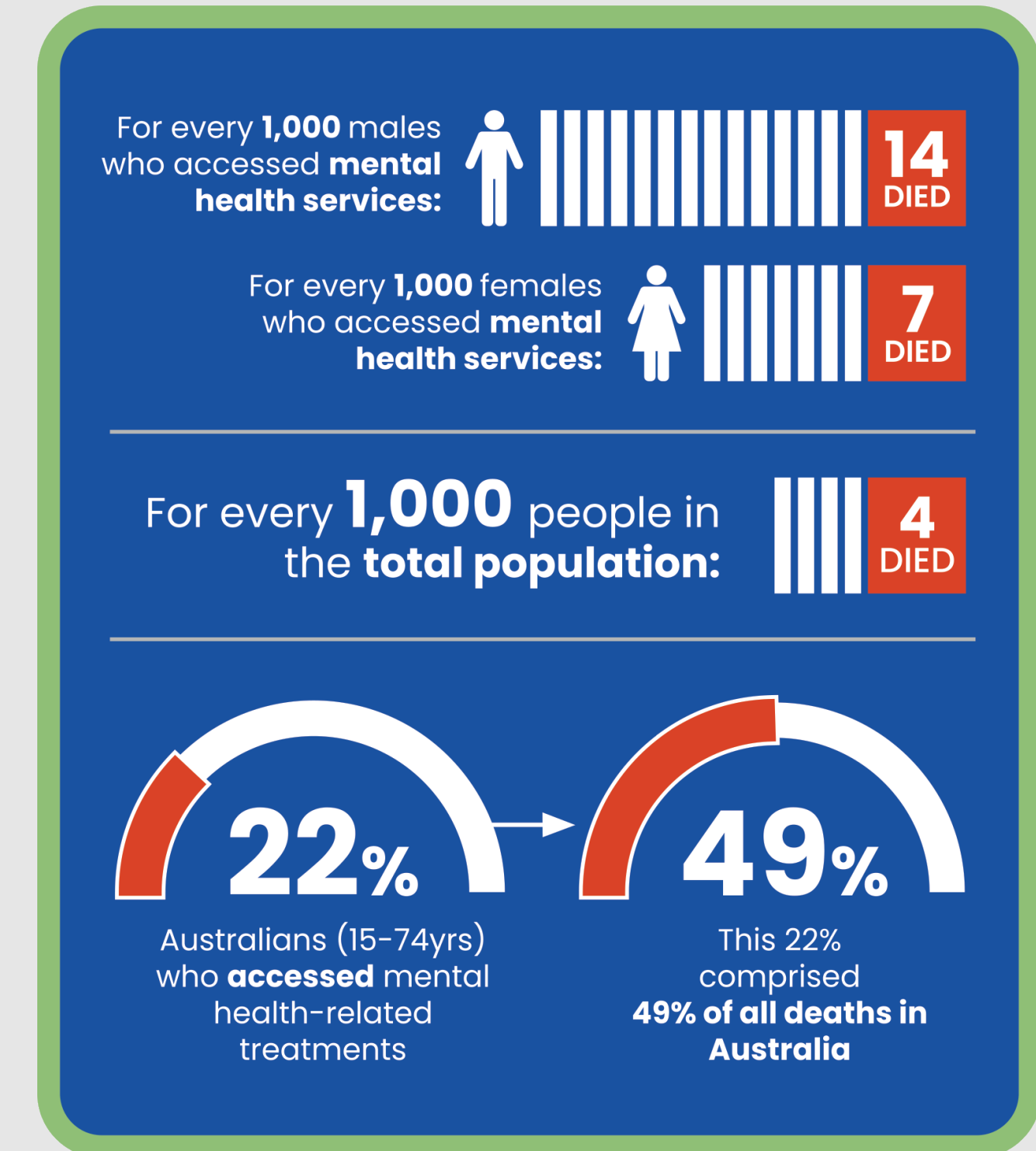
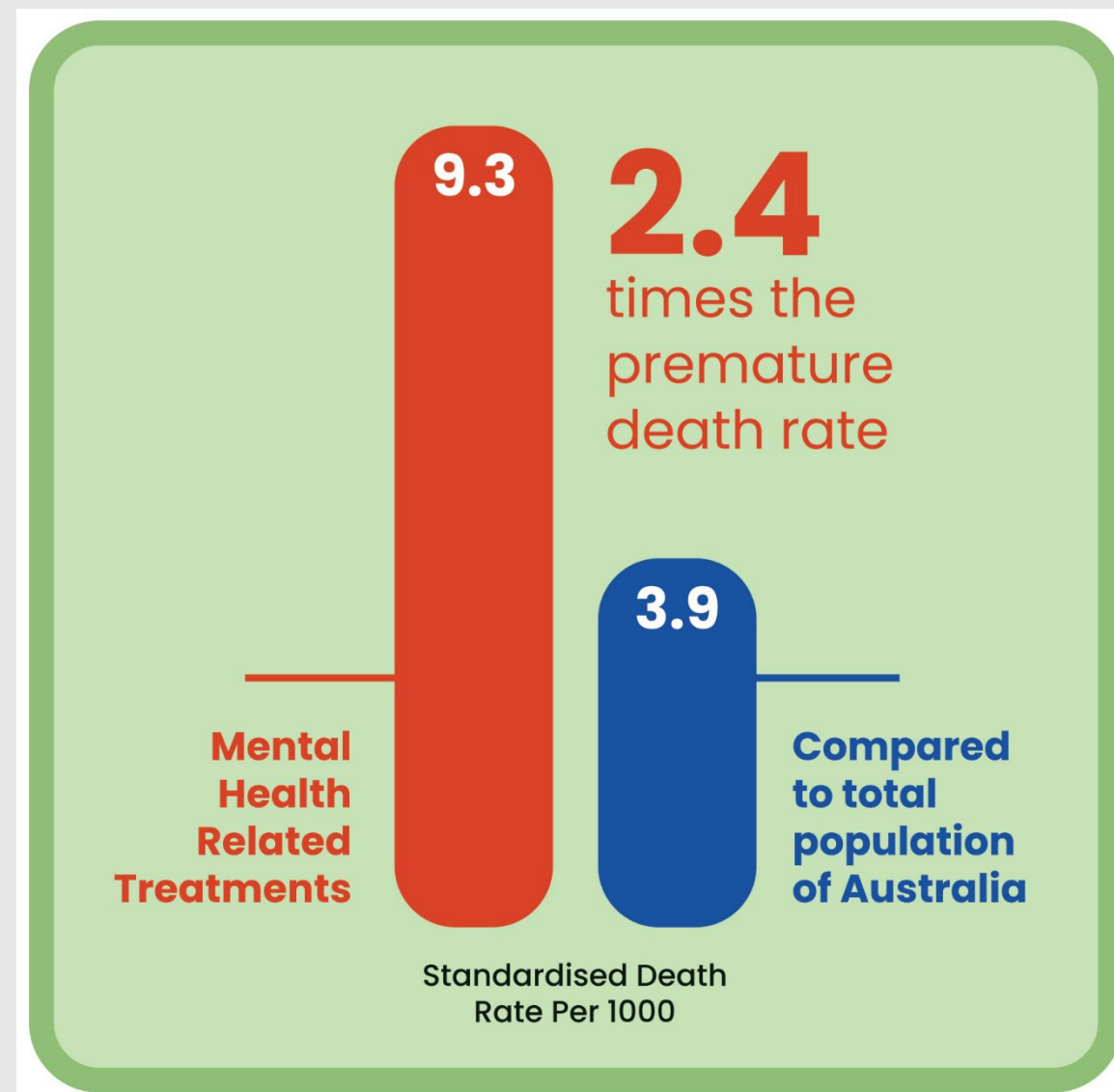
## Note:

- all mental health-related concerns: mild-moderate-severe
- not everyone with a mental health condition accesses MBS/PBS
- not recorded MBS/PBS mental health-related treatments is a mental health condition



# Key Statistics

*The standardised death rate for people living with mental health conditions is five and six times higher than the rest of the population.*





# Some definitions

## Premature death

- If someone dies between the ages of 15 and 74.\* pppp

## Age-standardised

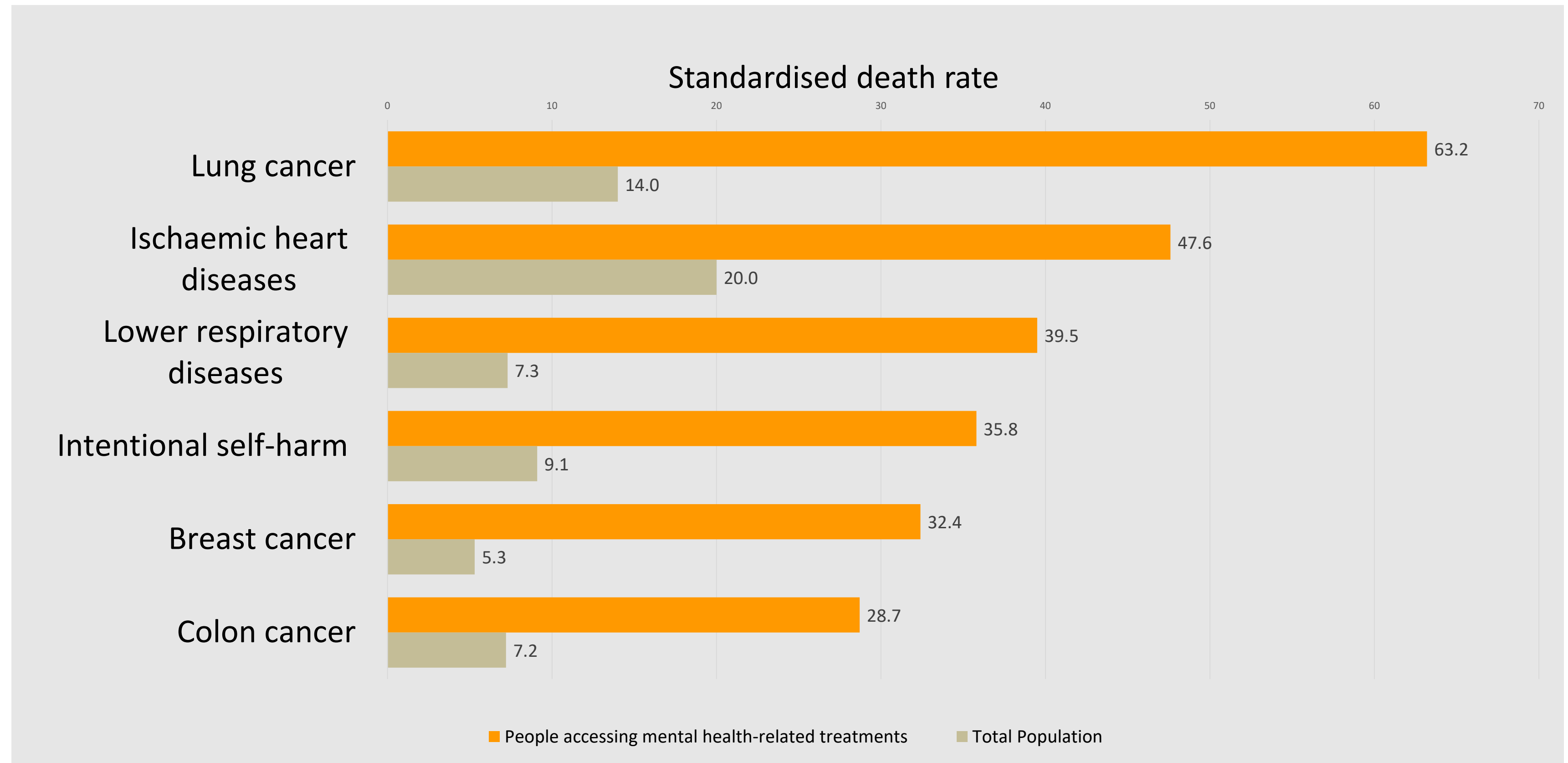
- The death rate of groups being compared are adjusted to fit a reference standard population demographic (age, cause of death, group)

## Excess deaths

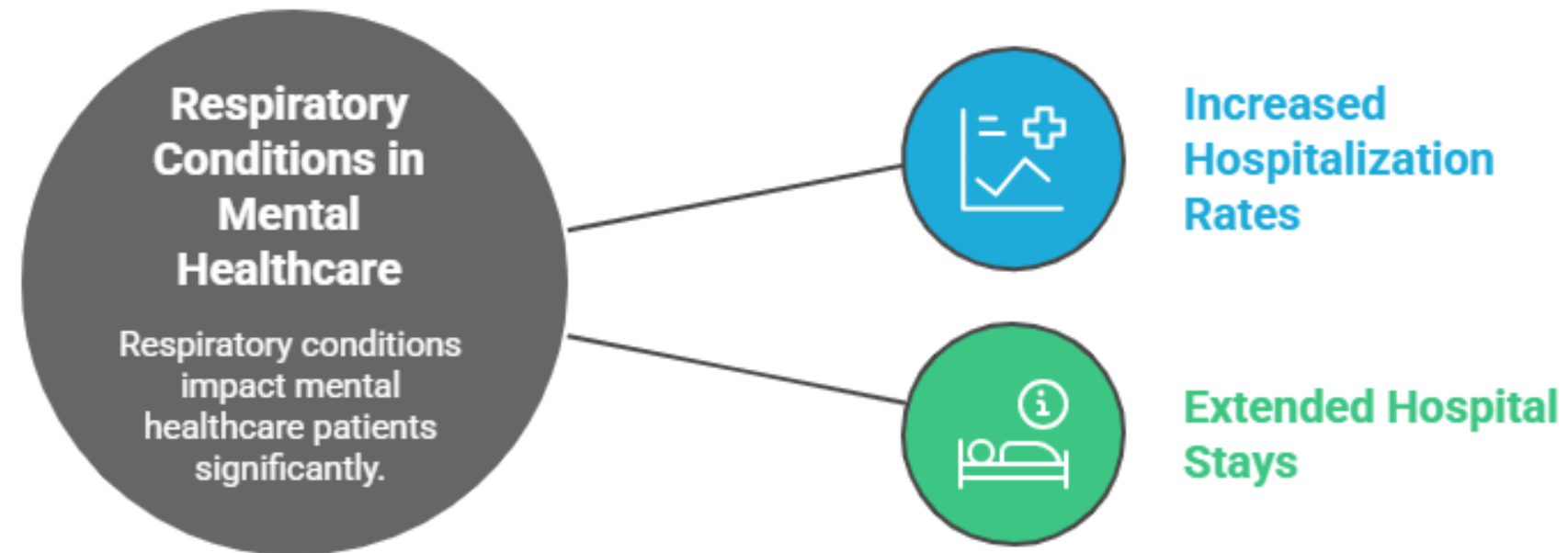
- The number of deaths in a group, above what would be expected if the rate of death was the same as the total population.



# Underlying premature causes of death



## Disparities in Healthcare for Mental Health Patients



## Weekly and Annual Respiratory Disease Deaths

### Potentially Preventable Deaths (Weekly)

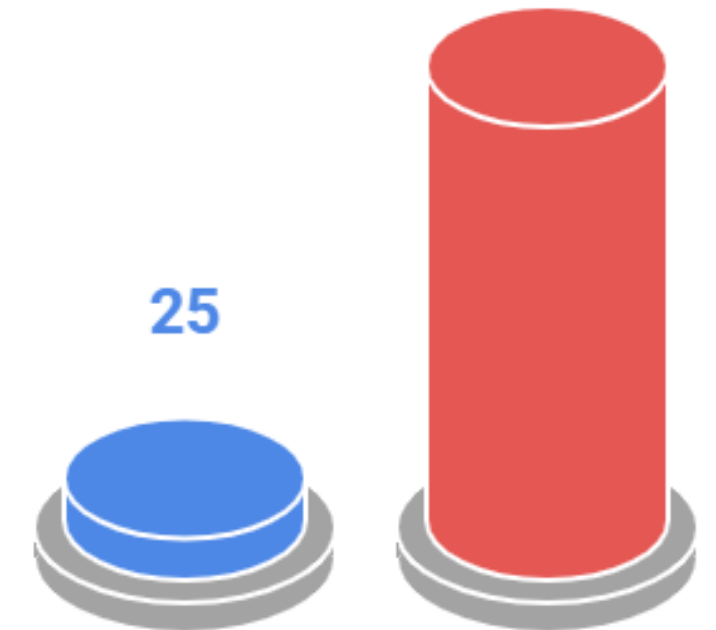
Weekly preventable respiratory disease deaths

25

### Excess Deaths (Annual)

Annual excess respiratory disease deaths

930





# Supporting Smoking Cessation



## Supporting smoking cessation: A guide for health professionals



## Supporting smoking & vaping cessation: A guide for health professionals

Guidance on smoking and vaping cessation support related to changes to Australia's vaping regulation

October 2024



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