



Smoking cessation is everybody's business

CPD

WEBINAR



Wednesday 30 April 2025

Learning Outcomes



The webinar will provide the audience the opportunity to:

- Identify prevalence and risks associated with respiratory disease and lung cancer in people with mental health concerns
- Determine opportunities to open up conversations about smoking cessation
- Implement the strategies and tips from the recommended smoking cessation resources and guidelines
- Examine hurdles and enablers to implementing smoking cessation initiatives/ approaches in practice

Unequally Unwell: research landscape



By Shannon Harwood
Equally Well Ambassador

Background to the data report:

- population 24 million – Reports 2011, 2016 and now 2024
- dataset links the Census, death register, MBS and PBS data
- 5 mill accessed MBS/PBS
- 160,000 total Aust deaths

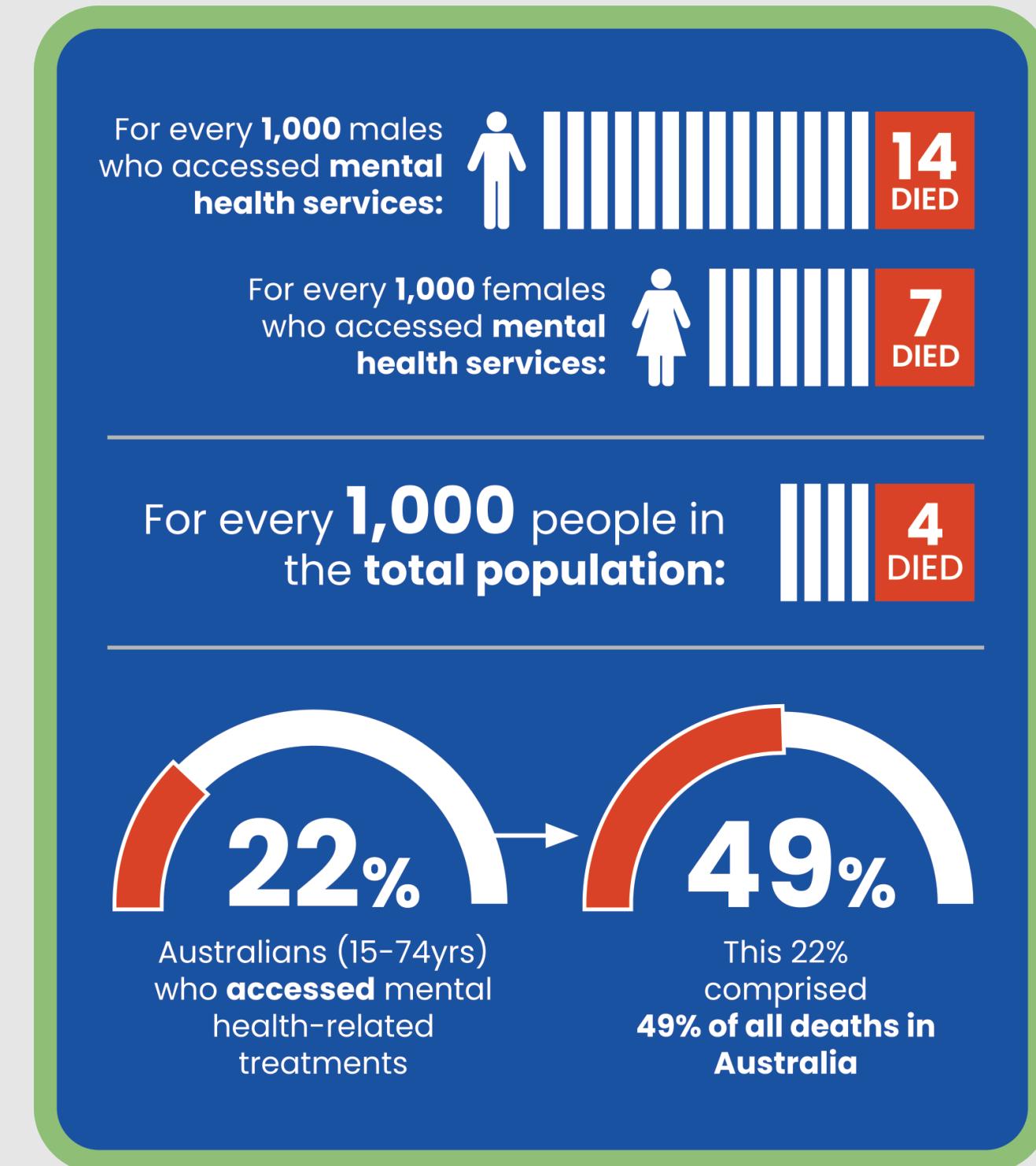
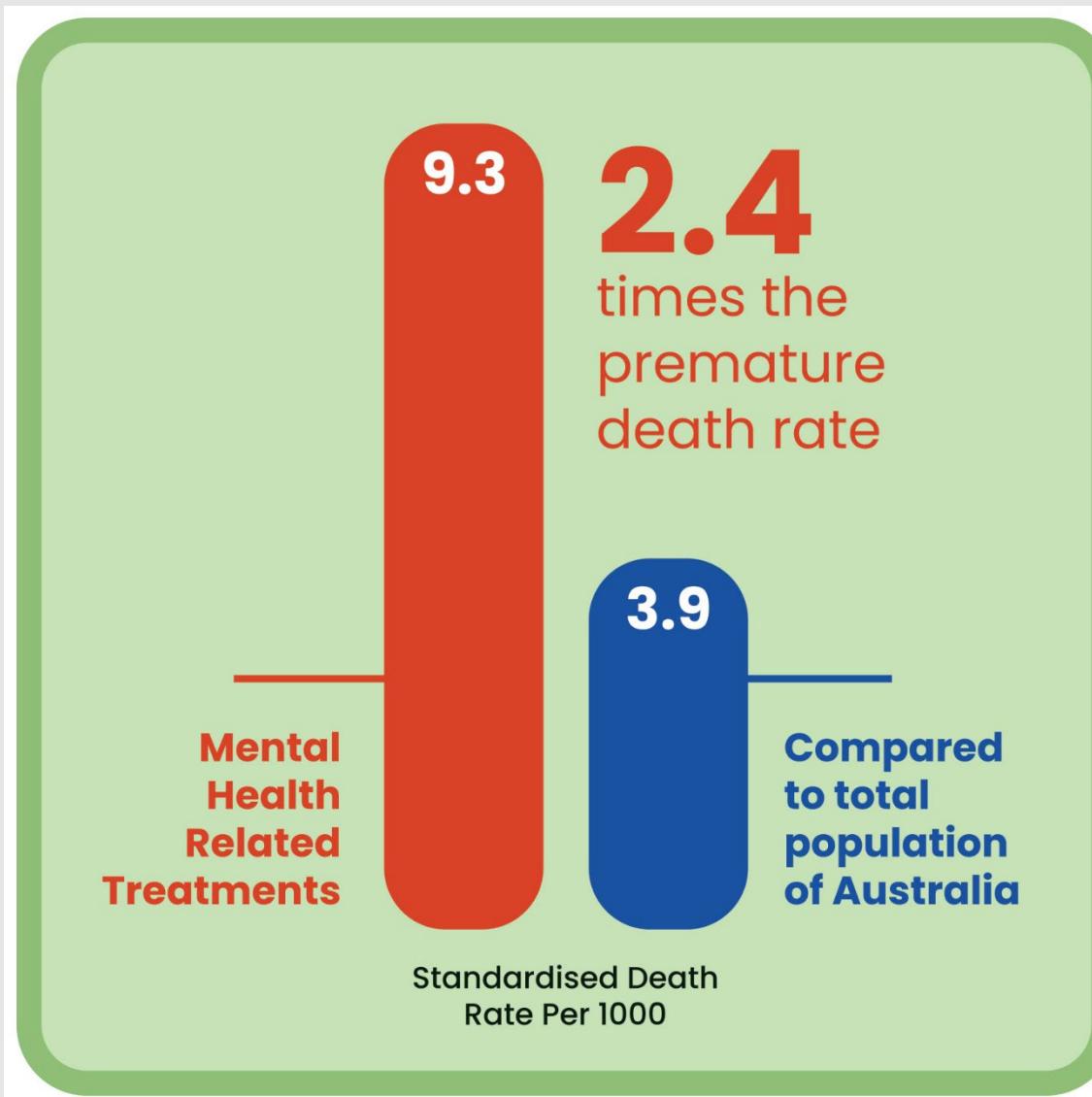
Note:

- all mental health-related concerns: mild-moderate-severe
- not everyone with a mental health condition accesses MBS/PBS
- not recorded MBS/PBS mental health-related treatments is a mental health condition



Key Statistics

The standardised death rate for people living with mental health conditions is five and six times higher than the rest of the population.



Some definitions

Premature death

- If someone dies between the ages of 15 and 74.* pppp

Age-standardised

- The death rate of groups being compared are adjusted to fit a reference standard population demographic (age, cause of death, group)

Excess deaths

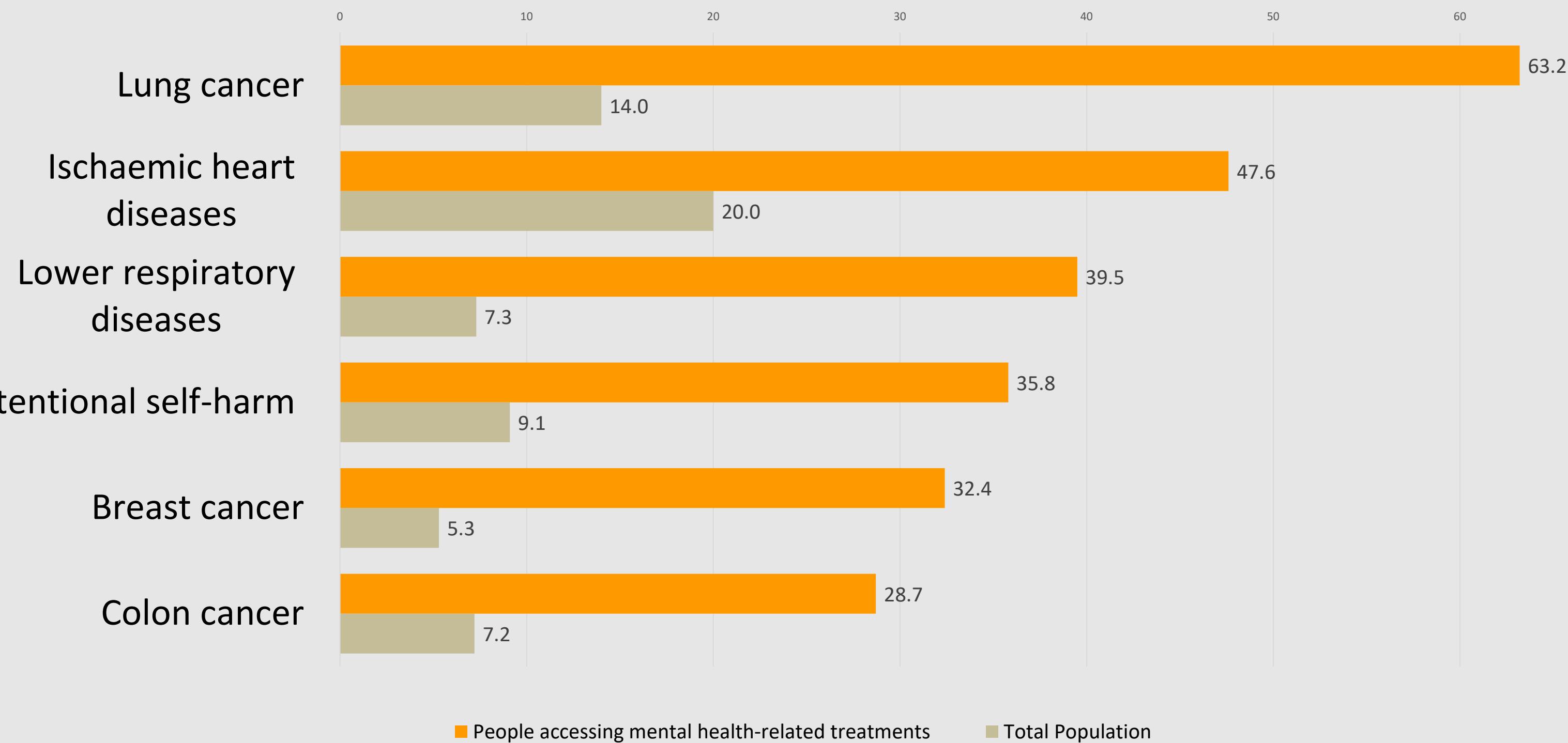
- The number of deaths in a group, above what would be expected if the rate of death was the same as the total population.



Underlying premature causes of death



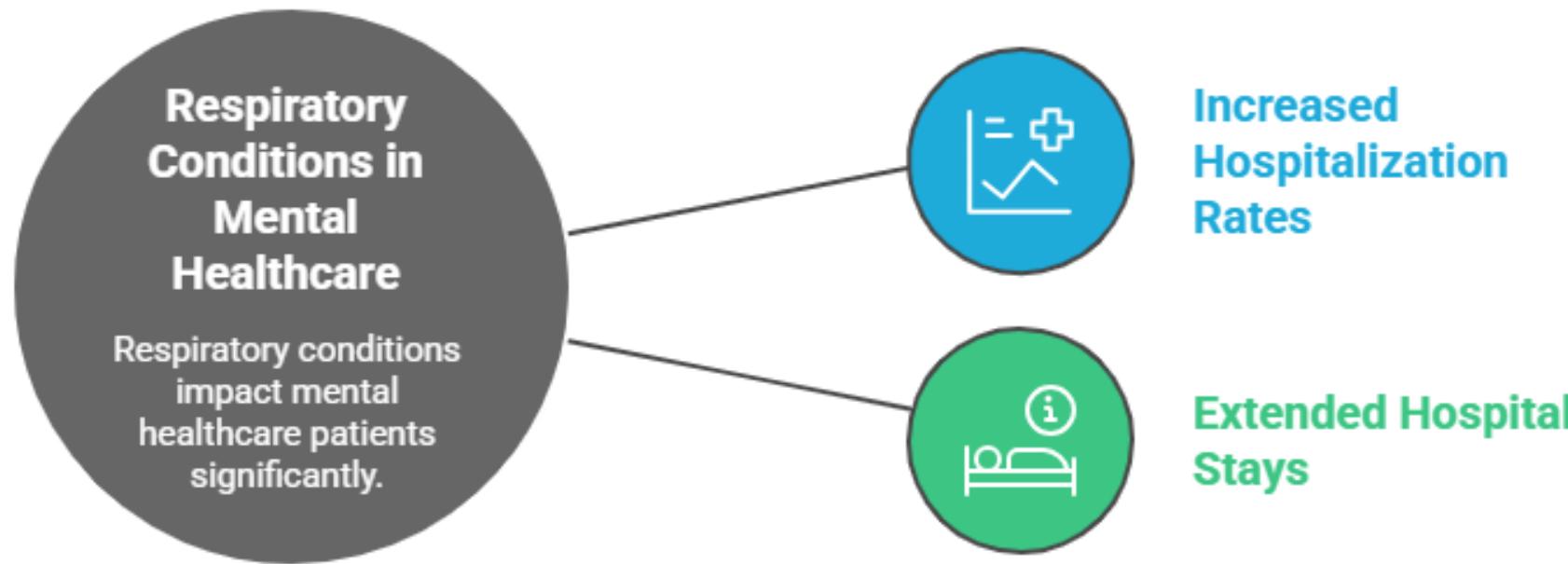
Standardised death rate



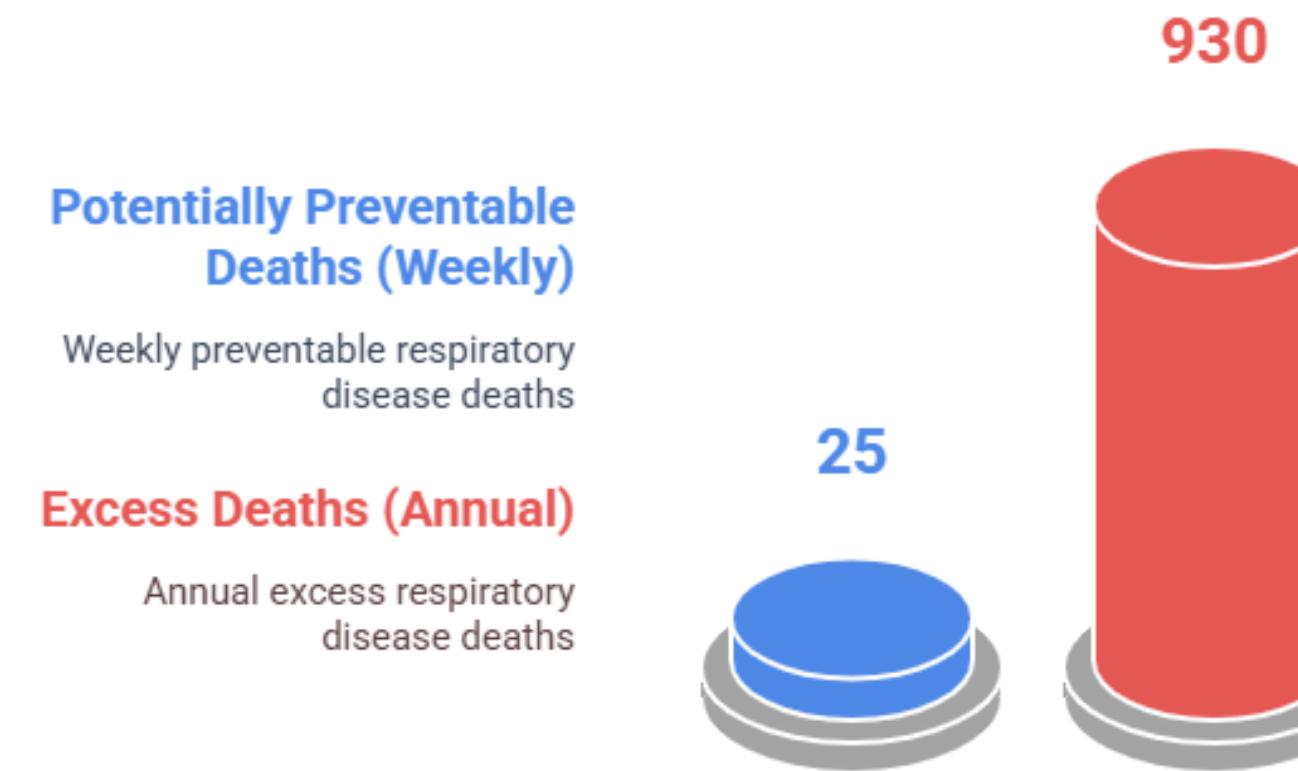
Respiratory conditions on hospital stays



Disparities in Healthcare for Mental Health Patients

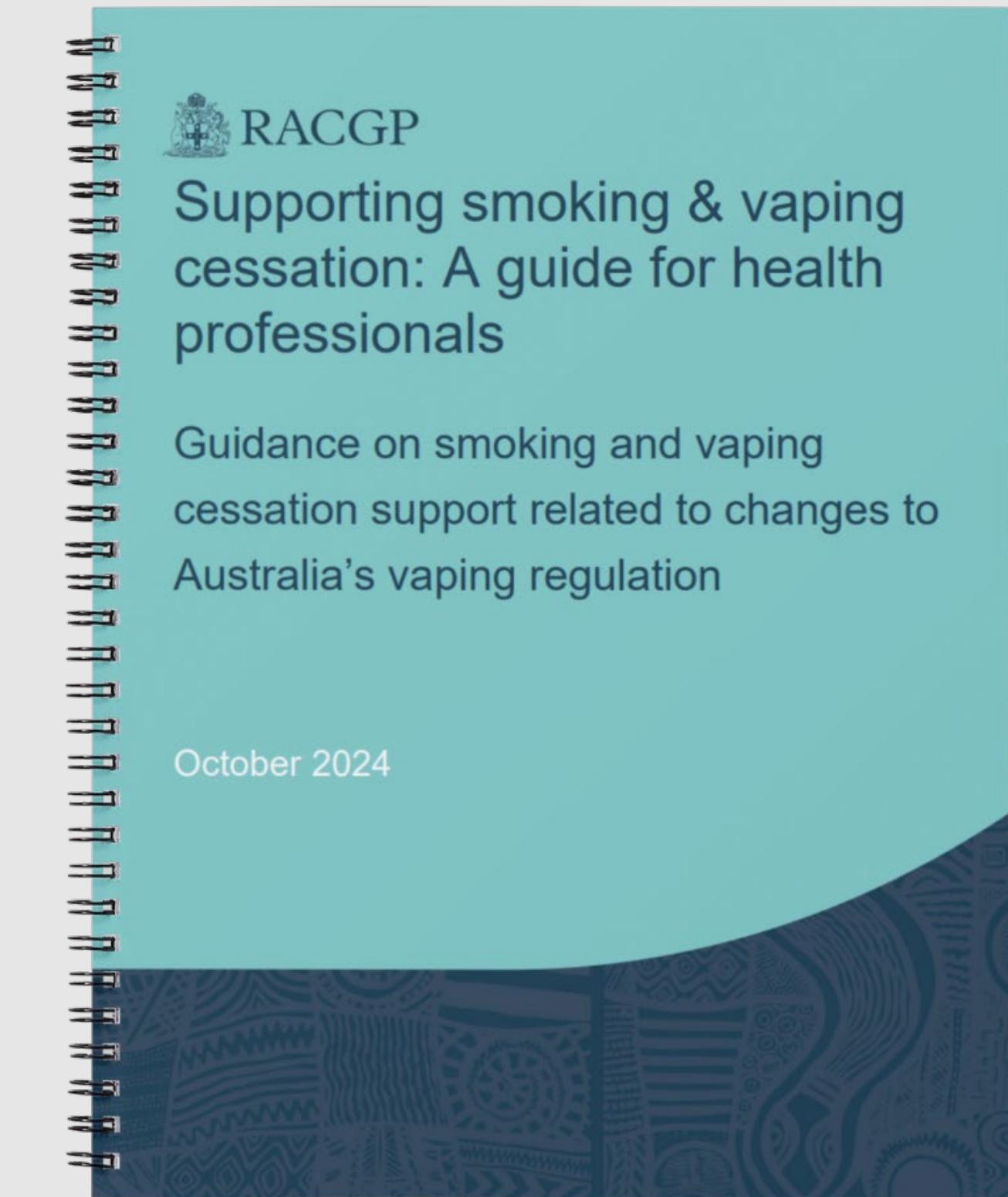
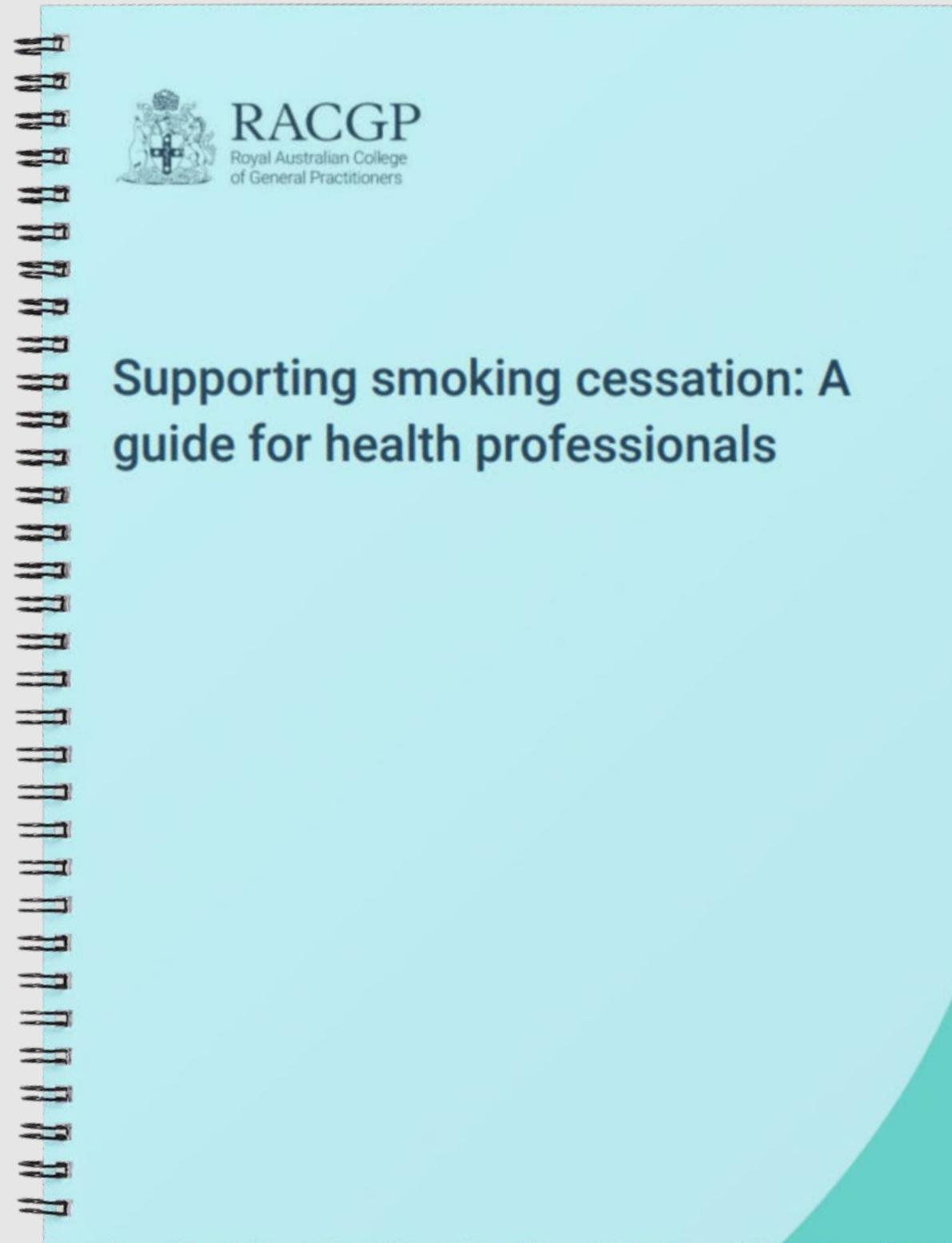


Weekly and Annual Respiratory Disease Deaths



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Supporting Smoking Cessation



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People Living with Mental Illness



A Conversation About...

Building Engagement and Trust
through Communication

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