

SUPPORTING RESOURCES

Unravelling the myth: somatic symptom disorder

Reading:

Stone, L. (2015). RACGP. 'Falling through the cracks: managing medically unexplained illness in general practice'. *Australian Family Physician* Vol 44. No 9. September. Available at: <https://www.racgp.org.au/afp/2015/september/managing-medically-unexplained-illness-in-general-practice/>

Williams et al. (2011). *Overcoming Functional Neurological Symptoms: A Five Areas Approach*.

Allen, L & Woolfolk, R. (2012). 'Somatic Symptom Disorder.' *IntechOpen*. Available at: <https://www.intechopen.com/books/mental-disorders-theoretical-and-empirical-perspectives/somatic-symptom-disorder>

Kurlansik, S & Maffei, M. (2016). 'Vicarious Traumatisation'. *American Family Physician*. Jan 1; 93 (1). Available at: <https://www.aafp.org/afp/2016/0101/p49.html>

Video:

Mind versus Body: can we think ourselves sick? (2016, September 13). Available at: <https://www.sbs.com.au/news/insight/tvepisode/mind-versus-body>

For consumers:

Stone, L. *Medically unexplained symptoms*. Available at: <https://drlouisestone.wordpress.com/swamptalk/>

'Functional and Dissociative Neurological Symptoms: a Patient's Guide'. *Neurosymptoms.org*. Available at: <http://www.neurosymptoms.org/>

'Somatic symptom and related disorders'. *Family Doctor*. Available at: <https://familydoctor.org/condition/somatic-symptom-and-related-disorders/>