

MHPN Webinar: Mental Health, Parenting and Recovery: an Interdisciplinary Panel Discussion



Supporting Resources

Websites

Boston University Centre for Psychiatric Rehabilitation resources page

<http://cpr.bu.edu/resources>

Implementing Recovery through Organizational Change

<http://www.imroc.org>

Open Dialogue - Evidence of Good Family Orientated Practice in Early Psychosis

<http://www.dialogicpractice.net>

Guides

[A National Framework for Recovery-oriented Mental Health Services – Guide for Practitioners and Providers](#)

[A National Framework for Recovery-oriented Mental Health Services – Policy and Theory](#)

[100 Ways to Support Recovery](#)

[Information Sheets - including Talking to Children](#)

Books and Articles

Slade, M. et al. *Uses and abuses of recovery: implementing recovery-oriented practices in mental health systems*. World Psychiatry. 2014 Feb;13(1):12-20. doi: 10.1002/wps.20084.

<http://www.ncbi.nlm.nih.gov/pubmed/24497237>

Solantaus, T., Paavonen, E.J., Toikka, S. and Punamäki, R.L. *Preventive interventions in families with parental depression: children's psychosocial symptoms and prosocial behaviour*. Eur Child Adolesc Psychiatry. 2010 Dec;19(12):883-92. doi: 10.1007/s00787-010-0135-3. Epub 2010 Oct 2.

<http://www.ncbi.nlm.nih.gov/pubmed/20890622>

South London and Maudsley NHS Foundation Trust and South West London and St George's Mental Health NHS Trust (2010) *Recovery is for All. Hope, Agency and Opportunity in Psychiatry. A Position Statement by Consultant Psychiatrists*. London: SLAM/SWLSTG.

[http://www.rcpsych.ac.uk/pdf/Recovery%20is%20for%20All%20_FINAL%20\(2\).pdf](http://www.rcpsych.ac.uk/pdf/Recovery%20is%20for%20All%20_FINAL%20(2).pdf)

Siegenthaler, E., Munder, T. and Egger, M. *Effect of preventive interventions in mentally ill parents on the mental health of the offspring: systematic review and meta-analysis*. J Am Acad Child Adolesc Psychiatry. 2012 Jan;51(1):8-17.e8. doi: 10.1016/j.jaac.2011.10.018. Epub 2011 Dec 3.
<http://www.ncbi.nlm.nih.gov/pubmed/22176935>

Placing Families at the centre of Recovery

<http://www.copmi.net.au/images/pdf/Research/gems-edition-14-march-2013.pdf>

Targeted family interventions for families where a parent has a mental illness:
Early intervention benefits to children

<http://www.copmi.net.au/images/pdf/Research/gems-edition-13-sept-2012.pdf>;

When a parent is hospitalised: the impact on children

<http://www.copmi.net.au/images/pdf/Research/gems-edition-8-february-2010.pdf>

Ulysses agreements in supporting families affected by parental mental illness

<http://www.copmi.net.au/images/pdf/Research/gems-edition-8-february-2010.pdf>

Support Services

Parent Peer Support Program

<http://www.mifwa.org.au>

E-Learning

<http://www.copmi.net.au/professionals/professional-tools/elearning-courses.html>

- **Keeping Families and Children in Mind**
This course supports learners to develop a family-sensitive approach when working with families where a parent has a mental illness.
- **Family Focus**
This course provides training in the Family Focus intervention; an evidence-based preventive intervention for children and families where a parent has depression or anxiety.
- **Child Aware Supervision**
This course provides training for supervisors and managers of frontline staff in health and social services in child and family-sensitive supervision strategies.

Tools

Practice Tool Example: 'Keeping in Touch with Your Children' Menu & Practice Guidelines

<http://www.copmi.net.au/get-info/copmi-publications.html>