

SUPPORTING  
RESOURCES

# Coercive control and its impact on mental health

**\*Please note the resources displayed in this document were accurate at the time of publication\***

## MHPN Resources

**MHPN Network:** [Join or start a new network](#)

**MHPN Webinar Library:** [Watch our previous webinars](#)

**MHPN Podcast:** [Listen to our range of podcasts](#)

## Website

Coercive Control: research in practice for adults

<https://coercivecontrol.ripfa.org.uk/case-studies/>

Doctors Against Violence Towards Women

<https://davtw.org/resources-for-doctors/>

Relationships Australia Queensland; What is coercive control?

<https://www.raq.org.au/blog/what-coercive-control>

## Journals

Saltmarsh, S., Ayre, K., & Tualaulelei, E. (2021). Schools, separating parents and family violence: a case study of the coercion of organisational networks in Critical studies in Education. *Critical Studies in Education*, 1–18.

<https://eprints.usq.edu.au/41943/1/Published%20version.pdf>

Wiener, C. 2017. Seeing what is invisible in plain sight': Policing coercive control. *The Howard Journal of Crime and Justice*, 56(4), 500-515.

<https://onlinelibrary.wiley.com/doi/full/10.1111/hojo.12227>

Brennan, I. R., Burton, V., Gormally, S., & O'Leary, N. (2019). Service provider difficulties in operationalizing coercive control. *Violence Against Women*, 25(6), 635–653.

<https://journals.sagepub.com/doi/10.1177/1077801218797478>

McLeod, D., & Flood, S. (2018). Coercive control: Impacts on children and young people in the family environment. *Research in practice*. Cafcass.

[https://www.researchinpractice.org.uk/media/2376/coercive\\_control\\_impacts\\_on\\_children\\_and\\_young\\_people\\_in\\_the\\_family\\_environment\\_literature\\_review\\_2018.pdf](https://www.researchinpractice.org.uk/media/2376/coercive_control_impacts_on_children_and_young_people_in_the_family_environment_literature_review_2018.pdf)

## Coercive control and its impact on mental health (cont.)

### Podcasts:

Williams, K. (Host). (2021, September 08). *How to spot the signs of PTSD after an abusive relationship, with Dr. Karen Williams* [Audio podcast].

<https://podcasts.apple.com/au/podcast/how-to-spot-the-signs-of-ptsd-after-an/id1542659968?i=1000534689595>

Williams, K. (Host). (2021, May 13). *Real stories of abusive relationships: When complex trauma is misdiagnosed as anxiety with Dr Karen Williams, part 2* [Audio podcast].

<https://podcasts.apple.com/au/podcast/real-stories-of-abusive-relationships-when-complex/id1542659968?i=1000521482610>

Williams, K. (Host). (2021, May 11). *How to cope if you're struggling with trauma after your breakup and what is post separation abuse and how to spot the signs with Dr Karen Williams, part 1* [Audio podcast].

<https://podcasts.apple.com/au/podcast/how-to-cope-if-youre-struggling-with-trauma-after-your/id1542659968?i=1000521247723>

### Webinars:

Australian Institute of Family Studies: The power in understanding patterns of coercive control (2021).

<https://youtu.be/fal5gYQOVOU> or

[https://aifs.gov.au/cfca/webinars/power-understanding-patterns-coercive-control?utm\\_source=CFCA+Mailing+List&utm\\_campaign=20162c52f2-EMAIL\\_CAMPAIGN\\_2020\\_03\\_11\\_COPY\\_01&utm\\_medium=email&utm\\_term=0\\_81f6c8fd89-20162c52f2-211289517](https://aifs.gov.au/cfca/webinars/power-understanding-patterns-coercive-control?utm_source=CFCA+Mailing+List&utm_campaign=20162c52f2-EMAIL_CAMPAIGN_2020_03_11_COPY_01&utm_medium=email&utm_term=0_81f6c8fd89-20162c52f2-211289517)

MHPN Webinar: Working together to support the mental health of people who have experienced family violence (2015).

<https://www.mhpn.org.au/webinar-program/Webinars/One-Off/2015/February/Working-Together-to-Support-the-Mental-Health-of>

### Books:

Hill, J. (2019). *See what you made me do: power, control and domestic abuse.*

<https://www.jesshill.net/>

### E-Learning:

The readiness program: Self-directed eLearning modules providing evidence-based knowledge and basic skills on early engagement actions tailored for victim-survivors and their families as well as people who use DFV.

<https://www.saferfamilies.org.au/readiness-elearn>

## Coercive control and its impact on mental health (cont.)

### Documentary:

Hill, J. (Writer) & Holden, K. (Producer). (2021). *See what you made me do* [Three-part documentary series]. Northern Pictures.

<https://www.sbs.com.au/ondemand/program/see-what-you-made-me-do>

### Support Services:

1800 RESPECT's Support for Workers & Professionals

<https://www.1800respect.org.au/workers/>

ANROWS (Australia's National Research Organisation for Woman's Safety)

<http://www.anrows.org.au/>

DVConnect Womensline

<1800 811 811>

DVConnect Mensline

<1800 600 636>

Sexual Assault Helpline

<1800 010 120>

Kids Helpline

<1800 55 1800>

Lifeline

<13 11 14>