

# Improving inclusive practice for Aboriginal and Torres Strait Islander LGBTIQ+SB people

## Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

### Your details

Your name:

Date completed:

Activity Name: Improving inclusive practice for Aboriginal and Torres Strait Islander LGBTIQ+SB people

Learning outcomes

- Outline the major findings from the “Breaking the Silence” research project.
- Identify tips and strategies for how health services, and community and educational organisations can be more inclusive when working with Aboriginal and Torres Strait Islander LGBTIQ+SB people.
- Improve understanding of why Aboriginal and Torres Strait Islander LGBTIQ+SB people may not feel fully accepted by Aboriginal and Torres Strait Islander and/or LGBTIQ+SB communities.

Time spent engaged  
in the activity:

(including completing this form)

### After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.